

**Washington Hospitals  
Self-Insured Workers' Compensation Program**

**Video Library  
Addendum**

Our partner in safety, Reasonable Solutions, has made available access to their video library. The following videos are available on a loan basis by contacting [michael.lary@reasonablesolution.com](mailto:michael.lary@reasonablesolution.com), or calling 360-792-0639.

<b>Title</b>	<b>Subject</b>	<b>Time</b>
<i>Workplace Ergonomics</i>	Overview of industrial ergonomics	18:40
<i>Systems Lifting 2000</i>	Back safety and lifting	34:00
<i>How to Prevent Slips/Trips, Falls</i>	Hazard awareness and control actions	14:00
<i>Hazard Communications</i>	Hazardous chemical awareness	13:00
<i>Ladder Safety</i>	Safe way to use ladders	10:00
<i>Personal Protective Equipment</i>	Overview of PPE selection and use	9:00
<i>Working with Stress</i>	NIOSH video on stress awareness and control	17:00
<i>Forklift 2000</i>	Training video for forklift certification	50:19
<i>Forklift Operator Safety</i>	Operator awareness (not to be used for certification training)	16:00
<i>I Used to Work Here</i>	Confronting Drugs in the Work Place CMV	
<i>Too Much to Lose</i>	Supervisors Training for Drugs CMV	
<i>Level 1 Inspections</i>	CMV level 1 inspection techniques	
<i>Preventing Disaster at the Crossing (Bus Drivers)</i>	How bus drivers can prevent accidents at rail crossings	18:00
<i>Janitor Safety</i>	Overview of safety for janitors	17:15
<i>Fall Protection</i>	Basic fall protection overview	20:11
<i>Back Injury Prevention</i>	Safe lifting overview	10:00
<i>Working with Stress*</i>	CDC video on workplace stress and management of stress issues	17:00
<i>Sexual Harassment: Serious Business</i>	Sexual harassment overview and awareness training to meet requirements	25:00

*\*Also Available in DVD format.*