

## SAFE PATIENT HANDLING TASK ASSESSMENT

DEPARTMENT NAME \_\_\_\_\_

Person(s) completing this form: \_\_\_\_\_

**Directions:** Look at the list of tasks listed below. Cross off any tasks that are not done in your department. You can have each nursing staff member complete the form and summarize the data, or you can have staff work together by shift to develop the rank by consensus.

Column 1: For patient handling tasks in your department, estimate how many times the task is done per shift.

Column 2: Determine the physical stress of each task and mark if the stress is high, moderate or low.

Column 3: Rank each the tasks for risk of injury. Determine which has the highest risk for injury and rank that task as "1". The second highest risk would be ranked a "2". The third highest risk would be "3", etc.

TASK FREQUENCY	STRESS ON THE BODY	RANK FOR RISK OF INJURY	TYPICAL PATIENT HANDLING TASKS.
Estimate times Task is done per Shift.	H = high M = moderate L = low	Example: 1 = highest-risk 10 = lowest risk	PLEASE USE "OTHER TASK" AT THE END TO ADD ANY ADDITIONAL PATIENT HANDLING TASKS.
			Transferring patient from bathtub to chair
			Transferring patient from wheelchair or shower/commoc chair to bed
			Transferring patient from wheelchair to toilet
			Transferring a patient from bed to stretcher
			Lifting a patient up from the floor
			Weighing a patient
			Bathing a patient in bed
			Bathing a patient in a shower chair
			Bathing a patient on a shower trolley or stretcher
			Undressing/dressing a patient
			Applying anti-embolism stockings
			Lifting patient to the head of the bed
			Repositioning patient in bed from side to side
			Repositioning patient in geriatric chair or wheelchair
			Making an occupied bed
			Feeding bed-ridden patient
			Changing absorbent pad
			Transporting patient off unit
			Other Task:
			Other Task:
			Other Task:

Adapted from Owen, B.D. & Garg, A. (1991). *AAOHN Journal*, 39, (1).